



JANUARY 2023 SUNBURST

LAKE 'N GOLF ESTATES

FROM THE HOA PRESIDENT: 2022 is gone and we look forward to what is ahead for 2023.

The yearly HOA annual business meeting is on Thursday, Jan 12, 2023, at 9:00 AM. All of you should have received the information about the meeting. We will be voting on the budget, ballot, and covenant changes. Our HOA fees are going up in 2023 due to high inflation and costs that do not meet our present long-term plans. The increase is \$16.67 per month and most of us are receiving a boost in our Social Security that would more than cover the increase. A town hall meeting was held to review the budget and other subjects. We will provide information at the HOA business meeting to better understand the need to approve the budget. Please vote YES.

The covenant changes are requested to clarify some of them and to raise the fines of uncorrected covenant violations. Please read them all because these changes are to help keep Lake n Golf Estate a great investment for all.

The hurricanes caused damage to many properties so as you walk around, please make sure you check your property for any repair that may be needed and put a plan in place to correct. Also, some cleaning that may be needed on your home. This is your investment so please keep it up. If you need help, please let any board member know.

Let us start off 2023 on the right foot by supporting the HOA volunteer committees that want to help keep this place looking great. Cleaning up after an event or opening and closing the pool and weekly maintenance projects and following the HOA written covenants are a few ways you can help.

Happy New Year and enjoy Lake N Golf Estates
~Stephen Mills President

WONDERFULLY WILD

If you are looking for a lovely way to spend a few hours, may I suggest Lake Morton in Lakeland, FL. It sure holds an interesting story. In the '20's when people started coming to Florida for winters, they liked the idea of having Swans around their homes or as pets. By 1926 there were 20 swans. Due to disease, gators and other life factors, in 1954 there were no swans left. The community came together to raise funds to purchase new swans but to no avail. A former Lakeland resident who had been living in England decided to take the matter to none other than Queen Elizabeth II. One of the Queen's lesser-known titles is Seigneur of Swans, and the royal family are inherent owners of all British swans since the Middle Ages. The Queen responded to the request by donating a mated



pair of swans from her royal flock. The Queen had only been serving her country for 5 years at the time and she was only 25 years old. There were some problems initially but when the swans finally made it to Lakeland, February 8, 1957, they arrived by motorcade! Can you imagine? The male went missing the next day and there was a frantic search for him, even by helicopter, but he was finally found, and they clipped both their wings. The rest is history! Lake Morton is now home to approximately 80 swans where they are loved and protected by the community along with many other species of birds. It's a lovely walk around the lake with frequent benches and even picnic tables! But beware, if you bring a lunch, you will have company! It's well worth a visit.

~ Bobbijo Charloux

KEEPING IMPORTANT PAPERS

If you are wondering about the proper care and storage of your important papers AARP has these suggestions.

Essential Life Documents include *Social Security card *Passport *will *health care proxy *birth certificate *marriage certificate *car title *home deed *divorce papers. These documents should be kept in a fireproof safe or bank safe deposit box. Make sure a family member or anyone who would need access to those documents knows where they are and can get to them. It is also good to have a copy of those documents.

Important references documents include *401(k) or IRA statements * tax returns (3 to 7 years). These can be kept in your file cabinet or files with other important papers at home.

Quick Access documents that you should carry with you would be your *driver's license or state issued ID and *your health insurance card.



If you would misplace documents such as birth certificate, marriage certificate or divorce papers, you can contact your state's vital records office, and be directed to the county of issue and

usually obtain a replacement for a nominal fee. Car title replacements go through the Department of Motor Vehicles.

LADIES & GENTS

Ladies and Gent's annual meeting will be held on January 17, 2023, after Coffee and Donuts. You are a member of ladies and Gents by virtue of being a resident of Lake 'N Golf Estates. This important organization supports the HOA, provides funds for events, holds an annual Flea Market in February, as well as community outreach by supporting Toys for Tots and a local

care center for indigent people.

Please attend this meeting as we have board seats open, and we need to vote to fill those seats. We have activities to discuss, and your input is needed. Pam Schwanda, President

PREVENTION PLUS

Prevention Plus, a stroke and vascular screening company will be at LSG on January 26, 2023, from 8 am to 4 pm. The 5 tests offered provide peace of mind. Many of our residents have had pre warnings. Flyers will be available in the clubhouse. The flyers will have phone number to set up an appointment and the cost of the testing Any questions call me. Pam Schwanda



Monthly Westchester and Princeton will be hosting the street dinner on January 14 at 5:30 pm in the clubhouse. The meat will once again be provided by Ladies N' Gents. A sign-up sheet will be posted in the clubhouse early in January. Please plan to stay after the meal for a little fun and entertainment! ~Phyllis Roalstad

The rotation for "street dinners" is as follows:

January - Westchester and Princeton will host
February - Briarhill and Kensington
March - Lake Henry, Canterbury and Brentwood
"Hosts" of the monthly potlucks will be organized by the Street Captain with the residents of the streets scheduled to host. The meat of the meal is provided by Ladies and Gents with the sides provided by all the residents. Sign up for your favorite potluck dish and remember to make enough to share with plenty of people. If you plan to attend, please sign up on the clipboard in the clubhouse so an accurate count can be made. This casual gathering is a great way to meet your neighbors, please plan to mingle and hang around to socialize after eating.



I will be selling tickets at coffee on Tuesdays

for the next Lake Region show on January 17 featuring George Casey, a comedian, and Eric Kearns who does vocal impressionists. There is a poster on the clubhouse board for more information. ~ Phyllis Roalstad

NOW YOU KNOW WHY

"Is it just me, or are seasonal allergies getting worse?" Rising CO2 levels and higher temperatures are causing plants to produce pollen for longer periods of the year. As a result, pollen counts are much as 40% higher than they were in previous decades. Go to Check Pollen.com to check the count before going out. Shower and change your clothes after being out and use saline sinus rinses and nasal sprays to help with symptoms.



1979	2022
Long hair	Longing for hair
KEG	EKG
Acid rock	Acid reflux
Seeds and stems	Fibre
Hoping for a BMW	Hoping for a BM
Going to a new hip joint	Getting a new hip joint
Rolling Stones	Kidney stones
Disco	Costco
Whatever	Depends

I TOLD MY WIFE SHE SHOULD EMBRACE HER MISTAKES... SHE HUGGED ME. 😊

CLUBHOUSE LIBRARY

We are fortunate to have a fully stocked library of current titles for your enjoyment. If you have a favorite author or genre, leave a note in the book return basket and Hazel will certainly try to find your suggestions.

You will also find a variety of puzzles on the shelves. If you find a puzzle with pieces missing, please put a note on the box. Donations of puzzles and books in good condition are always welcome.

A FEW THINGS GOING ON IN OUR AREA

Feel Good Chair Yoga - Thursdays 9:15-10:15 at Winter Haven Public Library -325 Ave A NW

Yoga for Better Health - Tuesdays 10:00 -11:00 at Winter Haven Public Library

Every Saturday - Winter Haven Farmer's Market 469 W. Central Ave @ 9:00

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January 5- Night Market at Union Taproom, 245 W. Central Ave #102, Live Music, and local vendors

January 6- Friday Night Muscle Car Show and Cruise @Old Town, 5770 W Irlo Bronson Memorial HWY, Kissimmee.

January 14 -Lake Alfred Bluegrass Bash @ Lions Park, 175 N Nekoma Ave, Lake Alfred. Parking and admission Free

January 17 - The Solid Rock Church 3601 Cypress Gardens Rd. - Alzheimer Support Group, 1:30 -2:30

January 21 - Cypress Garden's Ski Show 4:00 - 5:00 on Lake Silver at MLK Park

January 21 - 3rd Saturday Lake Alfred Downtown Market 9:00 until 2:00

THE FACT THAT MY ENTIRE BODY CRACKS LIKE A GLOWSTICK WHENEVER I MOVE AND YET REFUSES TO ACTUALLY GLOW IS VERY DISAPPOINTING.