



SUNBURST

Lake 'n Golf Estates
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November 2019

NOTES FROM THE PRESIDENT OF THE HOA BOARD

Welcome to another winter season in the park. We will begin the regularly scheduled board meetings, with the first Board Meeting being on Thursday, November 7th at 9 a.m. in the clubhouse, followed by the General Membership Meeting on Thursday, November 14th, same time, same place.

We are in the process of developing plans to maintain a register, required to keep our identification as a senior park. This is for registration through the Florida Commission on Human Relations as established by HUD. The process requires certification that at least one occupant is over 55 years of age residing in 90% of the homes.

Mark your calendars for the 2020 Annual Membership Meeting on Thursday, January 9th. We hope to see you there!

Ed Fouch, President

COVENANTS CORNER

We wanted to remind you of some of the things you need to check around your home.

1. We had a lot of rain this summer and with that brings mold on our homes and vegetation in the eave-troughs. Please take a minute to walk around your home to check if it needs to be power washed and the eaves cleaned out.
2. Check to make sure that your light post is in working order. We ask that you please check your neighbors light and if needed, put a new bulb in.
3. Because of this being the busy season, we ask that you trim your bushes or plants along driveways and roadways for a clear view when our residents and guest are driving through the park.
4. The USAG was here checking out the fruit trees in our park. If you have one in your yard, please pick up the dropped fruit to keep us from getting an infestation of bugs. You will not want to be cited by them.

The Covenants Committee Bob Van Heyningen and Steve Mills

LADIES and GENTS

We had a hot summer and are ready for the more moderate Florida temperatures to enjoy with our neighbors from the north. Welcome back friends! The first board meeting for Ladies and Gents members will be on 11-12 after coffee and donuts with the general meeting on 11-19 following coffee and donuts. We hope you can attend the General meeting as this is your organization and your input is always welcome.

The first social activity is a Hot Dog Roast on November 9 at 1:00 pm. A sign up sheet will be posted on the club house bulletin board. Thanksgiving dinner potluck will be on November 28 at 1:00 pm. A sign up sheet will be posted for this event, as well. Please bring a dish to pass, your own place setting and beverage. Volunteers are needed for the following areas: Food tables set up, desserts cut and placed on dessert table as well as making iced tea and ice. Thank you for all of your help.

Pam Schwanda, President

*** The adult version of "Head, Shoulders, Knees and Toes" is "wallet, glasses, keys and phone."**

LUNCH BUNCH

The Lunch Bunch meets the 3rd Wednesday of every month at different venues in the area. A "Hostess" volunteers to find a restaurant and puts a sign up sheet in the club house. The hostess is also responsible for calling in a reservation for the group. A sign up sheet for November is posted, but no specific restaurant or hostess is noted at publishing time.

BREAKFAST CLUB

Join your neighbors for breakfast (everyone buys their own breakfast) the third Thursday of every month at 8:30 am at various local restaurants. Everyone is invited – sign-up sheets are in the Clubhouse each month.

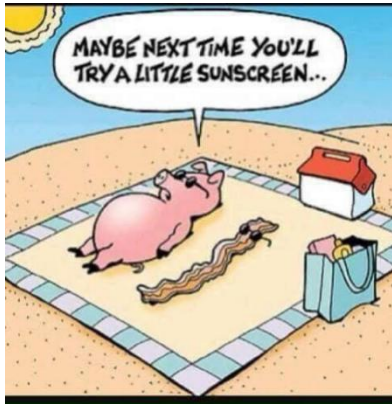
BINGO

We will be starting BINGO on Monday November 4th at 7pm. So bring your daubers and get ready to win. We will have snacks for sale at intermission. Hope to see you all there!

50th ANNIVERSARY PARTY

Residents who will be celebrating their 50th Anniversary in 2020, please let me know so you will be included in next year's Golden Anniversary Party. Please email a wedding picture to: cmcason08@gmail.com or bring one with you. Thank you!

Carolyn Cason, Chm.



LAKE 'N GOLF – BUS TRIPS

Trips and sign up sheets are on the Trip board. Please check the trips and sign up if you are interested in going. There are a lot of fun trips for the season. Any questions please let me know

Thank You

Gordon Proper (607) 760-1907

KITCHEN NEWS:

Just a reminder: Everyone has to be retested for the kitchen, whether you have been tested or not. I will be giving the test every Tuesday right after coffee until everyone has been tested. Sign up sheet for the test is on the board, last minute sign-ups are welcome.

Pam Schwanda would like you to contact her if you see that the kitchen is low on supplies such as coffee, paper products, or any other thing that is used by the community. She needs to know before we are out as to plan her shopping trips.

Thank You

Gordon Proper, Kitchen Manager

Flea Market

If you have anything to be picked up for the Flea Market you can call me.

Gordon Proper (607) 760-1907

POSTS FROM RESIDENTS

Hi, this is Steve and Sara Booth. (6691 Briarhill) We are helping with the Salvation Army RED KETTLE campaign this year.

There is a contest for the most money raised for any groups who adopt a kettle for at least one day, such as Wal-Mart or Publix. Steve helped take applications this week for the parents needing toys for their children.

So, if anyone would like to adopt an angel, that would be awesome. **Contact** Steve or Sara for more information.

**Fall Back! Daylight Savings time ends
Sunday, November 3.**

LINE DANCING

Line Dancing will resume in Lake 'N Golf Estates again this year! The first class is on November 6 at 10:30 until noon. This class is for the seasoned dancer. **A Basic Beginner Class** will begin on Thursday, November 7 from 1:00 until 2:30. This class is for anyone who has never danced before and wants to learn the basic steps or improve on their dancing.

We have lots of fun doing the Electric Slide, Boot Scootin' Boogie, King of The Road and so much more. So come down to the clubhouse anytime to join the fun with us! A \$5.00 donation is requested but not required to participate. Questions can be emailed to rachelscountryhearts@yahoo.com or call 863-293-3835. I live in the park.

Rachel Knights, Instructor

Technology Help Desk

The Winter Haven Public Library, 325 Avenue A NW offers help for those of us struggling with e-readers, laptops or other electronic devices. Stop by the library for free IT help every Thursday from 5:00 to 6:30.

Friends of the Winter Haven Library Book store has a 1/2 price book sale the 3rd Saturday of every month from 10:00 to 4:00.

HOA BOARD OF DIRECTORS

Ed Fouch	President
Randy Weyant	Vice President
Jack Hatfield	Treasurer
Phyllis Roalstad	Secretary
Lynn Cason	Board Member
Frances Clemons	Board Member
Jack Garrison	Board Member
Gary Owens	Board Member
TBA	Board Member

LADIES and GENTS BOARD OF DIRECTORS

Pam Schwanda	President
Gary Stephens	Vice President
Barry Heimbuch	Treasurer
Robbin Rogers	Secretary
Jim Fagner	Board Member
Rossanne Gorsky	Board Member
Frank Hall	Board Member
TBA	Board Member

Articles for the December Sunburst should be emailed to sunburst.lakengolf@gmail.com by November 23.

6+3=9 but so does 5+4. The way you do things is not always the only way to do them. Respect other people's way of thinking. :)

PALM KREST CHRISTMAS PARTY

Our annual Christmas Party for the residents of Palm Krest, sponsored by Ladies and Gents, will be held on Wednesday, December 11. Ladies and Gents provide pizza and soda for the party and our Lake 'N Golf neighbors donate money to provide a nice gift for each of the residents of Palm Krest. A \$25 donation is suggested, but any amount is greatly appreciated. Donations can be made to me on Tuesdays at coffee or dropped off at my home at 6733 Kensington. Thank you.

Dale Moore

NOVEMBER 2019 EVENTS SCHEDULE	
Recurring Events (at Clubhouse unless otherwise noted)	
Sundays	1:30 pm – Shuffleboard
Sundays	7 pm – Joker
Mondays	7 pm – BINGO
Tuesdays	8:30 am – Coffee & Donuts
Tuesdays	7 pm – Euchre
Wednesdays	10:30 am – Line Dancing
Wed & Sunday	7 pm – Joker
Thursdays	1 pm – Beginner Line Dancing
Thursdays	7:00 pm - Nickel -Nickel
M-W-F	9 am – Aerobics Class (starting in DEC)
M-W-F	10 am – Water Aerobics (Pool)
Mon – Sat	1 pm – Billiards
Tues & Thurs	9:30 am – Shuffleboard
Special Events & Meetings	
NOV 7 – Thurs	9 am HOA Board Meeting
NOV 7 – Thurs	3 pm – CAP Meeting
NOV 12-Tues	9 am - Ladies and Gents Board Meeting
NOV 19 – Tues	9 am - Ladies and Gents General Meeting
NOV 20 – Wed	11:30 am – Lunch Bunch
NOV 21 -Thurs	8:30 am – Breakfast Club
NOV 28- Thurs	1 pm – Thanksgiving Potluck
<i>Mark your Calendar for these Events</i>	
DEC 12-Thurs	Golf Cart Christmas Parade And Christmas Carol Party

CYPRESS GARDENS WATER SKI TEAM

Free Ski Shows – 3rd Saturday of the month
 Lake Silver – MLK, Jr Park
 Lake Silver Dr, South, Winter Haven
 Bring your own lawn chairs!

UP AND COMING PROJECTS AND EVENTS

Hi Everyone! By the time you are reading this, I should be back to Lake 'n Golf to enjoy another great season of parties and activities. As a reminder for you, the following is just a small list of things you can look forward to.

1. After Thanksgiving Day it is always fun not only decorating your home for Christmas but also putting up decorations for your club house and other areas shared by all. We will set a time and date in the near future for getting in the holiday spirit together.
2. On December 12 we will have a Golf Cart Parade and Christmas Party beginning at 5:30. Over 90 people attended the party last year and had a great time with the live music provided at no charge.
3. On Tuesday, December 24 please remember to put out your luminaries at the end of your driveway, one on each side, for Christmas Eve night.
4. On Tuesday, December 31 there will be a New Years Eve Party at the Club House. Doors will open at 8:00 pm with the dance music to begin around 9:00 to midnight. A good variety of music from the 50's to the 90's. This years menu will be sloppy joes, five cup salad, chicken drumettes, and pastry bites. Coffee, ice tea, bottled water and some soda will be available. This is a BYOB night but some non alcoholic beverages will be available.
 If you like to listen to music....Please come
 If you Like to dance.....Please come
 If you like to play cards.....Please come
 If you want to sit and visit.....Please come
 WE ALWAYS HAVE A GREAT TIME...Only \$8 per person.

Jack Garrison

VETERANS DAY GREEN LIGHT BULBS

If you are a veteran and lived in Lake 'n Golf Estates the last couple of years, you probably have a green bulb for our yard post light. If you are a veteran and do not have a light, I would like to present you with a free green bulb to signify your service to our country. Call me at 315-573-8799 or stop by my house at 6638 Princeton for the bulb.
 Thanks for your service.

Jim Fagner

After a certain age your body is like a garage sale... some stuff looks old, some stuff doesn't work and some stuff you can't even identify.

